



Charles Welch, CORE Life Coaching, Counseling 9.3.26

The Ruthless Elimination of Hurry *Simplicity*

Video High Lights... And More! Culture of _____

Life is not in the Abundance of Your Possessions Luke 12:15

Seek first His kingdom and His righteousness, and all these things will be given to you as well. Matthew 6:33

The War for Our Minds and Hearts From _____ to Desires

Do not conform to the pattern of this world, but be transformed by the renewing of your minds... Romans 12:2

Above all else guard your heart, for from it flow the springs of life. Proverbs 4:23

- **We Consume Things and Things Consume Us!** *We Can't Serve God and Money* Matt.6:24
- **The More You Get - The More You Want!** *But godliness with contentment is great gain.* 1 Tim 6:6
- _____ **Drives Hurry**

Simplicity A Spiritual Practice to _____ us in Christ

Divest of Excess Limit Consumption Become Generous

Why Is Simplicity So Hard?

Fear Holds Us Back I Don't How Others Will React I Won't Have What I Need I'll Become Dependent
I'll Look Foolish I'm afraid God won't come through Others?

Fear not, little flock, for it is your Father's good pleasure to give you the kingdom. Luke 12:32

Simplifying

The _____ Side Confess Fears Ask God to Expose the Lie Under the Fear Ask God for the Truth
Do What God Says and Experience Truth and Freedom in Obeying
- All This in Connection to God and Others -

The _____ Side Start Small Stay Current Set Priorities Get Agreement Find a Good Cause
Guard Your Schedule ...for I have learned to be content whatever the circumstances. Phil 4:11

Table Discussion Questions

1. What area is God convicting you to simplify? Material Things Finances Schedule Other?
2. What's holding you back? I need to simplify but... What are you afraid will happen if you simplify?
3. What's the belief under your fear? Is it true?
4. What are some steps you will take to simplify?