

safety & conduct

Warren Sports & Fitness wants to make sure that while you are here, you feel welcomed and safe. All members and guests are expected to demonstrate courteous, kind, and respectful behavior at all times.

MEMBERSHIP RESPONSIBILITY & COURTESY CONDUCT

- Please bring your key fob and photo ID when using the facilities. Be sure to scan your fob upon arriving to the facility. Replacement fobs are \$10.
- Secure your personal items in the lockers located in the locker rooms. Locks are available for purchase at the front desk. You may bring your own lock to use for the duration of your visit, however, personal locks left on lockers after closing hours will be removed.
- Profanity or coarse talk is prohibited.
- Weapons of any type, tobacco products, e-cigs, alcohol, steroids, or any illegal substance are prohibited.
- Injuries/equipment malfunctions should be reported to a staff member after an appropriate action is taken.
- For information on equipment usage, fitness class guidelines and more, please review the area-specific guidelines posted throughout the facility. Please do not hesitate to contact a staff member if a question or concern arises.
- Please take personal calls outside of the fitness center.
- Since our fitness center is small, please be courteous with the length of time on machines and always re-rack weights before moving to your next exercise.
- Private training of any kind that is unaffiliated with a certified WSF staff member is not permitted.

Everyone entering the activity areas must have a valid membership or should check in at the Front Desk as a guest. Please review the guidelines below regarding age of usage for each area of our facility.

Age Requirements:

Cardio Room - Age 12 with a parent/guardian.

Circuit/Accessory Area - Age 13-15 with parent/guardian

Free Weights - Age 15 with parent/guardian | unaccompanied 16 and up

Hot Tub/Steam Room - 16 and up

Fitness Classes - 14 and up with parent/guardian

Basketball Court - 8 and up with parent/guardian that holds valid membership (youth must yield to open play that is full court)

Walking Track - 8 and up with parent/guardian that holds valid membership. Strollers/walkers are permitted.

DRESS CODE

- A shirt or tank top is required for participants in the fitness areas. Torso shall be fully covered (exposed chest, midriff, or navel is inappropriate). Shirt arm holes shall be within 1.5 inches of the armpit. No altered shirts shall be worn (i.e. shirts sleeves cut out). Athletic pants or shorts that are non-revealing and fully cover the buttocks are required.
- Athletic shoes must be worn in the fitness center, walking track and gym floor at all times. Cleats, dress shoes, boots, spin shoes and other non-athletic related shoes are prohibited. Shoes must be closed toe and fully cover the foot, heel included.
- Personal items such as backpacks, workout bags, and coats must be stored in the Locker Rooms.
- Bathing suits must be worn when using the steam rooms or whirlpools.

BASKETBALL PRIVILEGES

Basketball availability is considered an amenity of membership, therefore, usage may be limited based on seasonal organized sports, church events, etc. We encourage you to call our offices prior to visiting for our open court availability. We appreciate your flexibility in usage of the court. For additional information, please see a staff member. Reservations are not permitted unless under a ministry basis.

GUESTS

- As a member, you are allotted (12) guest passes that reset after one year of membership. Guests must check in prior to entry and fill out a guest form. Underaged guests accompanying a minor, MUST have a form signed by a parent/guardian.
- You are permitted (2) guests at a time during your visit. Please note that WSF staff has the right to deny guest privileges based on policy abuse or another event related to a guest visit.