

LOVE

A new commandment I give to you, that you love *one another*... (John 13:34)

- *Internal*: How was your week? Any new life updates? How was your walk with the Lord this week?
- *External*: Practically, is there any individual or family that needs encouragement from us as a group?

TRUTH

Let the word of God dwell in you richly, teaching and admonishing *one another*... (Col. 3:16)

1. When you reflect on the message from Sunday, what most resonated with you?
[Dialogue]
2. Let's read our primary text. How does David begin the psalm in verse 1? What does this reveal about his relationship with God?
 - David has a history of trusting God.
 - He sees God as the source of his righteousness.
 - He believes God hears and responds to prayer.
3. In verses 2–3, what problem is David facing? Have you ever experienced this?
David appears to be facing slander, false accusations, or public humiliation. He speaks of his "honor" being turned into shame and people loving "vain words" and seeking "lies."
4. What instructions does David give in verses 4–5?
 - "Be angry, and do not sin" – Anger itself is not necessarily sinful, but it must not lead to sin.
 - "Ponder in your own hearts on your beds, and be silent" – Reflect quietly and honestly before God.
 - "Offer right sacrifices, and put your trust in the LORD" – Return to proper worship and trust.
5. How does David define true joy?
"You have put more joy in my heart than they have when their grain and wine abound." David's joy is not dependent on outward success. The source of his joy is God.
6. How does the psalm end in verse 8? Why is this significant?
This is a powerful testimony of trust. The psalm begins with distress and ends with peace.
7. What "distress" are you currently facing that you need to bring to God? What keeps you from sleeping peacefully at night? What kinds of worries or pressures tend to fill your mind when you lie down?
[Dialogue]
8. How does this Psalm point forward to Christ?
 - Jesus endured slander and shame.
 - He entrusted Himself to the Father.
 - Through Christ, we receive true righteousness.
 - Because of the finished work of Christ, believers can rest in peace with God (Romans 5:1).

9. Any other thoughts you would like to share before we wrap up this text?

[Dialogue]

GREAT COMMISSION

Go therefore and make disciples of all nations... (Matt. 28:19-20)

- Did you disciple your family well this week? Is it apparent to others that Jesus the reason for your hope in your daily activity? Would anyone like to practice sharing the gospel with the group?

CONFESSION/PRAYER/REPENTANCE

But exhort *one another* every day, as long as it is called "today,"... (Heb. 3:12-14)

- Confession is agreeing with God about our sin according to the Scriptures. Is there anything you want to confess before the group? [*apathy, idolatry, selfishness, jealousy, anger, envy*]
- Let's pray, asking God to help us apply His word to our lives.

Sources:

- ESV Study Bible Commentary
- Multiple AI Resources